

Gina Nordmann

M. Yeganegi

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Our Everyday Lives

No matter if you're young or old, stereotypes are said to you either being negative or positive. They are a part of our everyday lives now. You could be labeled with a group of people or just on your own. Stereotypes are known to impact people's social lives, emotion and how that interacts with the environment.

Stereotyping is a huge problem in today's society. People are putting labels on each other criticizing their sex, race, ethnicity, or even personality. These labels impact others in their everyday lives. For example, an individual might like to play video games but is so ashamed and scared to because they have been told that, "only guys play video games", and "All video gamers are lazy". This is just some of the examples that I have had firsthand experience at witnessing through my brother and some of his friends.

When you are saying or mention a stereotype do you ever stop to wonder how the other person might feel about it. Stereotypes do hurt and can cause permanent damage to one's emotions and self-esteem, even if you don't realize it at the time. I know that I as a person have put labels on people or have criticized them in some way and for that I am sorry. I have said

things about fellow students, family members, friends and teachers. Everyone has said something in their life that counts as a stereotype.; and we have all been labeled by someone else.

Stereotypes are just a never ending cycle The more said the less that can be done about them. If people can stand up to others and say enough is enough, then maybe we have a chance as a community. We need to break the bond between people and stereotype and put our own labels down for once. We can all just be people and equals.